

30th
ESPEN
Congress



THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

FLORENCE

13-16 September 2008

*Nutrition Renaissance
from care to cure*

Preliminary Programme



www.espen.org



Welcome Message

Dear Colleagues and Friends,

On behalf of the Italian Society of Artificial Nutrition and Metabolism (SINPE), the Local Organizing Committee, the Scientific Committee and the Educational Committee welcome you in Italy in September from 13th to 16th 2008. SINPE has the privilege to host the ESPEN Community for the third time; after Milan (1984) and Rome (1995), the 30th ESPEN Congress will be held in Florence.

The location suggested us the motto of ESPEN 2008: "Nutrition Renaissance from care to cure".

Florence and the wonderful near towns of Siena, Lucca, Pisa will offer to the participants a lot of cultural, historical, and landscape stimuli. Usually this represents a plus point; this time we fear it could be a true challenge for the scientific sessions.

Dealing with such a competitor the scientific programme of ESPEN 2008 was planned to present the recent developments in clinical nutrition and metabolism. Topics were selected among the more attractive for originality, novelty and easy application to clinical practice.

Book your agenda and join us in Florence at ESPEN 2008 !

Prof. GAETANO IAPICHINO
President of the ESPEN 2008 Congress

Prof. LORIS PIRONI
Chairman of the Local Scientific Committee

Dr. AUGUSTA PALMO
Chairman of the Local Educational Committee

*Oxygen, water and energy are essential for life.
Energy is sometimes lacking...*

*Fighting hospital and community malnutrition is the mission
of ESPEN together with partners from all-over the world.*



Main topics of ESPEN 2008

Scientific programme

Preventing cancer-related malnutrition
Enhancing cancer therapy with nutrition
Tumour-specific metabolic changes
Protein kinetics in the elderly
Brain metabolism and nutrition
Chronic intestinal failure
Nutrition in prolonged critical illness
Hyperglycemia in ICU: do we need closed-loop control?
Peri-operative metabolism
Metabolic consequences of bariatric surgery
Nutritional support in wounds and pressure ulcers
Proteomics and metabolomics in nutrition

Educational activities

ECPC Programme

Food in aetiology/prevention of cancer
Nutritional consequences of cancer treatment
Home artificial nutrition in cancer patients
Malnutrition in the elderly - hospital
Malnutrition in the elderly - community
Long-term nutritional issues in ICU
Complications of central venous catheters
Screening and ESPEN's NutritionDay
Severe obesity and bariatric surgery
Case reports/examples
Global guidelines on nutritional support
Launch of PN guidelines

ESPEN LLL

Programme in collaboration with SINPE-Italian Society for Artificial Nutrition and Metabolism (part of the program will be presented in Italian language)

New LLL modules on nutritional support

Renal disease
Pulmonary disease
Gastrointestinal - the compromised gut
Diabetes/hyperlipidaemia

Old LLL modules

Approach to oral and enteral nutrition
Home parenteral nutrition in adults
Parenteral nutrition
Nutritional assessment techniques
Nutritional support in:
Acute and chronic pancreatic and liver disease
Cancer patients
Elderly patients
Intensive care patients
Neurology and neurotrauma
Metabolic syndrome
Pediatrics
Perioperative period

Committees

LOCAL ORGANIZING COMMITTEE

Gaetano Iapichino, *President*
Federico Bozzetti, Marco Braga
Marco Zanello, Gianfranco Guarnieri
Franco Balzola, Filippo Rossi-Fanelli
Andrea Vannucci, Ferdinando Ficari

LOCAL SCIENTIFIC COMMITTEE

Loris Pironi, *Chairman*
Franco Contaldo, Raffaele De Gaudio
Luca Gianotti, Maurizio Muscaritoli
Paolo Dionigi, Danilo Radrizzani

LOCAL EDUCATIONAL COMMITTEE

Augusta Palmo, *Chairman*
Roberto Biffi, Manila Candusso
Livia Gallitelli, Francesco W. Guglielmi
Alessandro Laviano, Mauro Pittiruti
Carlo Salis

CENTRAL ESPEN EXECUTIVE COMMITTEE

Olle Ljungqvist, *Chairman*
Jens Kondrup, *Secretary*
Pierre Singer, *Treasurer*
Zdeněk Zadák, *President 2007 Prague*
Gaetano Iapichino, *President 2008 Florence*

CENTRAL ESPEN SCIENTIFIC COMMITTEE

Gianni Biolo, *Chairman*
Philip Calder, Eduardo Cabre-y-Gelada
Yves Boirie, Loris Pironi
Michael Andel, Alastair Forbes
Alessandro Laviano, Noel Cano
Geila Rozen, Ann Oedlund-Olin
Lubos Sobotka, Augusta Palmo
Stéphane Schneider, Remy Meier

CENTRAL ESPEN EDUCATIONAL COMMITTEE

Alastair Forbes, *Chairman*
Alessandro Laviano, Noel Cano
Geila Rozen, Ann Oedlund-Olin
Lubos Sobotka, Augusta Palmo
Stéphane Schneider, Remy Meier

*You will take home
guidelines, new research,
updated teaching and
you will become an
ESPEN certified teacher*



Florence

Florence stands on the banks of the Arno River, in a hollow surrounded by the first Chianti hills to the south and the Fiesole hills to the north. Under the Medici family (1434), the Republic of Florence became a Signoria and the town gained great masterpieces by the foremost artists of the time becoming the most important European centre of Renaissance culture. Florence contains an exceptional artistic patrimony, glorious testimony to its secular civilization. Cimabue and Giotto, the fathers of Italian painting; Brunelleschi, Donatello and Masaccio, founders of the Renaissance; the universal geniuses Leonardo da Vinci and Michelangelo, all lived here.

In Florence, thanks to Dante, the

Italian language was born and with Galileo, modern experimental science.

Florence is also a city of incomparable indoor pleasures. The most famous museum in Florence is the Uffizi which houses works by Botticelli, Leonardo da Vinci, Michelangelo, Titian and Rubens. Other great art museums include the Pitti Palace, Galleria dell'Accademia and Palazzo Vecchio. Florence is also home to some of the biggest churches in Italy, including the famous Duomo of Florence, San Lorenzo, Santa Maria Novella and Santa Croce.

Visitors can find still traditional and historic shops in Florence: from the well-furnished antiques dealers in Via Maggio and Via dei Fossi to goldsmiths and jewellers with their characteristics boutiques on the Ponte Vecchio. Florence is also famous for the production of leather goods concentrated in the Santa Croce district, in Piazza Ciampi and in Porcellino market.

Tuscany is a region famous also for its wines, such as "Brunello di Montalcino", "Nobile di Montepulciano" and Chianti produced in the hills near Florence. Tuscan cuisine is famous for superior olive oil and grilled or roast meats, as the "fiorentina" steak.

Besides being rich of art and history, Florence's nights could be spent in clubs, pubs, "trattorie" or simply along the Arno river and walking throughout its streets looking at artists singing and joking with you; but don't miss the beautiful view of the town by night from Piazzale Michelangelo.

Congress Venue

The **Fortezza da Basso**, a short distance from the Central Railway Station of Santa Maria Novella, is one of the city's most important monuments from the Medici era. It was designed by Antonio da Sangallo the Younger in the first half of the 1500s on commission from Alessandro de' Medici. The complex extends over an area of almost 100,000 square metres (55,000 indoor); the number and variety of its rooms and spaces make it an ideal setting for the conferences and trade fairs.

Important Dates and Deadlines

Opening of abstract submission:

26 January 2008

Closing of abstract submission:

10 April 2008

Early registration deadline:

25 May 2008

Deadline for late breaking abstracts (posters only):

7 July 2008

No refunds for cancellation after:

8 July 2008

Website: www.espen.org

Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, hotel reservations, excursions.

Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the organising secretariat:

All correspondence should be sent to:

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Information regarding the programme of the congress will be available on the ESPEN website: www.espen.org from February 2008